



Children's and Youth Work

The United Reformed Church
86 Tavistock Place, London WC1H 9RT



And don't let anyone put you down
because you're young.

Teach believers with your life: by
word, by demeanour, by love, by
faith, by integrity.

1 Timothy 4:12 (The Message)

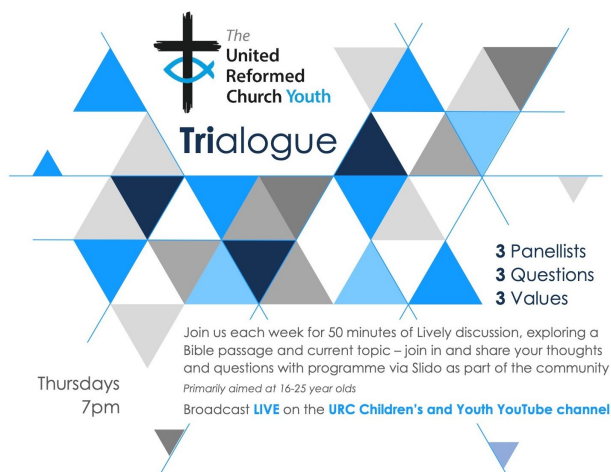
Resources for Young People 11-18

I think one of the most interesting things about the current situation is the way that we've all had to undergo a steep learning curve as worship and fellowship and study suddenly need a completely new approach, often tapping into lots of new technology. It has been inspiring to see how people have stepped up to the challenge and are thinking outside the box, trying new things and seeking to care for the spiritual and pastoral needs of those in their circle. Here at URC Church House in absentia, the wider team of CYDOs and their synod equivalents have been working hard with the Church House team to respond to the needs of the churches, and one of those needs was for signposting to online resources for the 11 to 18 age range. So what better topic for this, the fourth of our special supplements.

This resource gives you ideas of what is being offered directly by the URC Children's and Youth Work department on their website, URCLC, and YouTube channel and by our colleagues in other Christian youth organisations. Some are programmes in their own right, others are ideas for watch parties which could then be used as stimuli for discussion. And, of course, games and prayers. We hope they prove useful.



<https://moodle.urc.org.uk/course/view.php?id=208> URCLC is the URC virtual learning environment and Children's and Youth work has used this platform to host various resources, many of which will be useful at this time. There are folders with guidelines for doing youth work online (risk assessments, policy documents, top tips etc) and our whole-family resource Families on Faith Adventures @ Home. In response to feedback that people were finding it difficult to source good games to play with a youth group in an online setting, we have put together a library of these in a folder marked ZOOM, and shortly we will be adding some online prayer resources too, including some Makaton prayer responses. Keep checking back as we will be updating these resources on a regular basis.



URC Youth Trialogue: 3 people – 3 questions – 3 values

Join us each week for 50 minutes of lively discussion, exploring a Bible passage and current topic – share your thoughts and questions as part of the community (age guidance 16+).

The first session, to be broadcast live on our YouTube channel URC Children's and Youth Work, at 7pm on Thursday 7 May, will focus on the topic of relationships (in their broadest sense) and will have a grounding in Matthew chapter 5. There will be opportunities to contribute your comments and questions during the broadcast and the recording of the session will remain on Youtube for you to catch up if you missed it.

bit.ly/urctrilogue

ROOTS have produced a new series of ideas for faith development and worship at home for all ages, with some aspects specifically aimed at the 11 to 18 age group.

<https://www.rootsontheweb.com/lectionary/2020/106-march-april-2020-a/easter-3/young-people-page> For subscribers, there is even more material being produced on a weekly basis. You can see a sample of it by clicking on the link to take you to a free week's resources for the week of 26 April to 2 May which will give you some idea of how the resource is set out.

They also provide tips for running a youth group online <https://www.rootsontheweb.com/worship-and-learning-support/children-young-people-support/onlineyouthgroup>

https://springharvest.org/wp-content/uploads/2020/04/1603SH-Youth-Programme-PDF_V2.pdf



With no Spring Harvest this year, the team there have worked on producing Spring Harvest Home via their YouTube channel <https://www.youtube.com/user/SpringHarvest>. All of the Playlists are there at all times to browse and watch as you please. All sessions have captions which can be switched on, BSL for some talks is available in a playlist.

Amongst other things, they have a youth programme aimed primarily at 14 to 18 year olds with celebrations and Bible teaching, active reflections and creative arts amongst other things. Of course, many of the talks and celebrations on the main programme will also be suitable for young people.

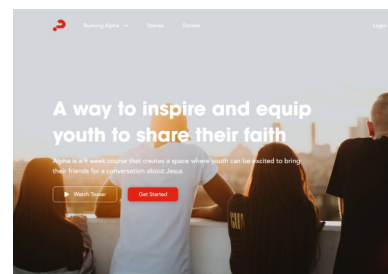
The materials have been very popular with a wide variety of people so are definitely worth a look.

<https://www.alpha.org/alpha-online/>

This may be an opportunity for you to look at running Alpha Youth for your youth group. <https://www.alpha.org/youth/> is the version of Alpha which is specifically designed for secondary school aged young people. It is a nine week course encouraging young people to explore faith and share it with others. The brand new Alpha Youth Series has been totally reimagined for today's youth culture. Through 13 sessions filmed in Vancouver, London, Paris, Rome, Israel, and many other incredible locations, the Alpha Youth Series explores timeless questions about life, faith and God for a new generation.

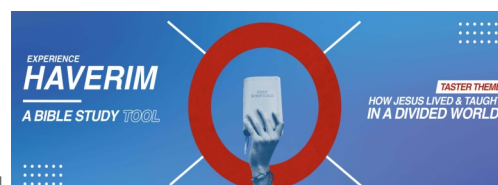
The series offers compelling stories, images, questions, and discussion topics well spread throughout each episode to better engage youth, helping them think about how these issues relate to their lives as they discuss with their friends and leaders.

Tasters of the sessions are available on the alpha youth website.



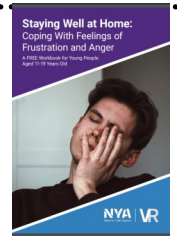
<https://haverimdevotions.com/> Haverim means 'friends who study together'.

It provides a unique way to understand and share scripture. The method is based on a Biblical system and teaches people *how* to study not simply *what* to study. **Haverim Devotions™** approaches the Bible in a unique way and appeals to all personality types. It is simple and easy for anyone to adopt and is most enjoyed in a small group setting. <https://www.facebook.com/groups/haverimdevotion/>



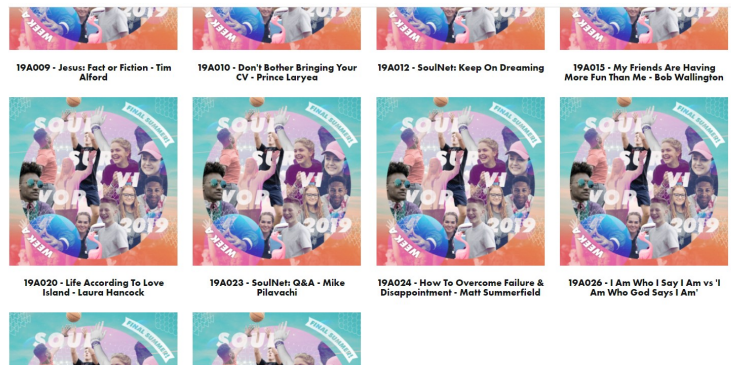
https://youthworksupport.co.uk/wp-content/uploads/2020/04/NYAxVR-Managing_Conflict_Home.pdf

Staying Well at Home: Coping With Feelings of Frustration and Anger is a free workbook for young people aged 11-19 from the National Youth Agency. Youthscape recommend this as an excellent resource to support young people as they work through their emotions and the inevitable tensions of being at home all the time.



Soul Survivor has a library of talks online from previous years and invite you to view these at <https://www.soulsurvivor.com/talks>. You can choose from talks from 2017, 2018 and 2019 and select between videos and podcasts.

For budding church musicians, they also have a section of how to play many worship songs.

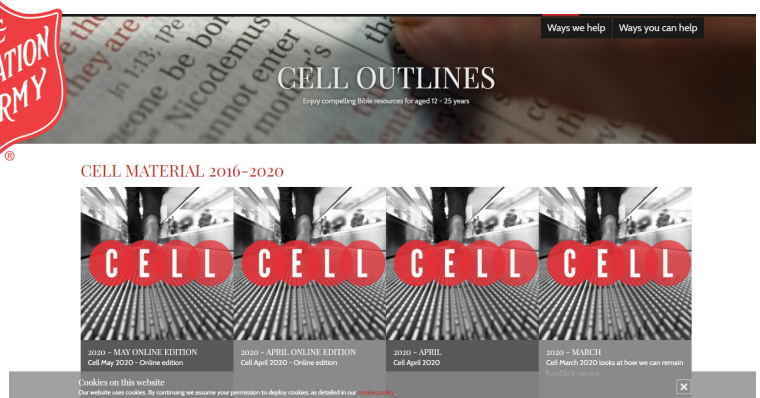


<https://www.greenbelt.org.uk/wild-at-home/whats-on/>



Greenbelt is, of course, unable to go ahead this year but their website has lots of new material through May and also material from previous Greenbelt festivals. Maybe you could select something suitable for your youth group to watch and discuss together

From the **Youth Ministry of the Salvation Army** comes a series of Bible resources aimed at young people and adults aged 12 to 25. This is a regular monthly resource with material for four weekly sessions in each and more recent issues have been adapted to make them suitable for use in an online environment such as Zoom. The material is designed for group use and includes icebreakers, Bible based discussion, prayer and a call to action. They also provide a podcast.



<https://www.cpas.org.uk/church-resources/developing-youth-leaders/youth-leaders-page1/#.XrAPdZ5Ki71>

CPAS has produced a list of useful video clip links to use as a stimulus for discussion or to illustrate points in youth work. You could watch these together, either independently or by screen sharing.

Also on the CPAS website you will find Disciple Kit, a library of resources which have been gathered and reviewed and which cover a wide range of topics including youth ministry.



<https://opendoorsyouth.org/do-something/isolated/>

Open Doors support persecuted Christians around the world – they have created a special free weekly youth resource called Isolated Church for the coronavirus lockdown taking inspiration and encouragement from persecuted Christians around the world who share their experiences of God in the face of isolation, uncertainty, lack and fear - the pressures we are now facing. Their website includes other resources aimed at young people too, as well as support for youth leaders.

INspire is a brand new series of FREE short video clips from Scripture Union that set challenges for teenagers using sports, film themes and household items. Each video also includes a thought and some questions to help young people consider who Jesus is and what the Bible has to say for us today.

BE INSPIRED

You'll find the **INspire** videos in a few different places:

on the brand new SU Inspire Facebook page
by following INspire on Instagram
on the INspire Youtube playlist
on our website .

<https://www.facebook.com/inspireScriptureUnion>

<https://www.instagram.com/su.inspire/>

<https://www.youtube.com/user/SUEnglandandWales/playlists>

<https://content.scriptureunion.org.uk/inspire>

You might want to share the videos with young people you know who might be looking for a new challenge to do today as a break from home school. Or perhaps challenge a group to all do the challenges and get some competition going. It might lead to an online discussion about the Bible thought too!

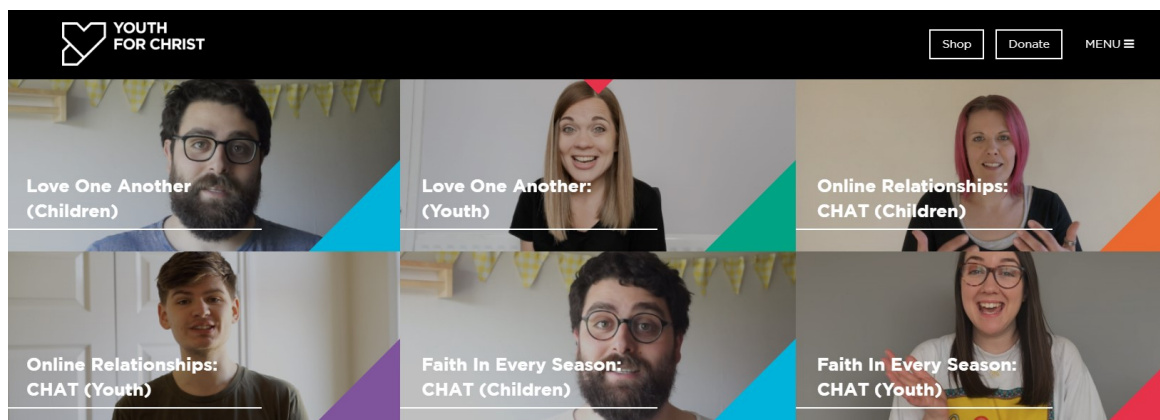


WE ARE TEARFUND Are you ready to be a generation that makes a difference? Subscribe to our youtube channel for challenges, interviews, vlogs and so much more, as we discover how we can be a generation who, together, can end extreme poverty! New video every other Friday! For more where that came from, check out our website <http://weare.tearfund.org> and find us on social media <http://instagram.com/wearetearfund> Tearfund's youth branch has a lot of ideas and encouragement for young people and youth groups keen to get together and have an impact on world poverty and their online magazine, Perspective, is packed with interesting ideas and articles for independent reading or to discuss as a group.



<https://yfc.co.uk/youthworkonline/>

Youth for Christ have a page on their website focusing on youth work online, both providing tutorials on how to run a youth group meeting online AND providing some video resources to share with your young people.



Church House is currently closed and staff are working from home. Post will be collected only infrequently and we will not be able to access messages on our answerphones but direct calls will be forwarded to Heather and Triin on their mobiles.

You can contact us by email on children.youth@urc.org.uk, sam.richards@urc.org.uk, stephen.tait@urc.org.uk or lorraine.webb@urc.org.uk. Sam's mobile number is 07824 542101 and Lorraine's is 07787 585957 Your local CYDO or equivalent is still working and their contact details can be found on <https://urc.org.uk/cydos>

Our website is <https://urc.org.uk/our-work/children-and-youth.html>,

Facebook <https://www.facebook.com/URCchildren.and.youth>

AND FINALLY If you have received this as a paper copy or by a friend forwarding it to you and you would like to be added to our mailing list, please do sign up here: <https://tinyurl.com/ycgnp0js>.

Our Data privacy note is here: https://www.urc.org.uk/images/Children-and-youth/documents/CYW_Data_Privacy_Notice.pdf